



go with 

Shield Signature HMO Plan
Shield Spectrum PPO Plan
Shield Spectrum PPO Plan - Needles

Reasons to choose Blue Shield of California

- Flexibility to choose your own doctors
- Some of the largest networks in California
- 24-hour access to nurses and counselors
- Online tools and resources through blueshieldca.com
- Dedicated Member Services Team
- Variety of programs and services to keep you healthy, including Prenatal Program, condition management programs, and wellness discounts
- Access to urgent and emergency care across the Country and around the world



Shield Spectrum PPO plan

	Preferred Providers	Non-Preferred Providers
Annual deductible	\$250 per member/\$500 per family	
Annual out of pocket maximum	\$1,500 per member \$3,000 per family	2,000 per member \$4,000 per family
Office visits	\$10 per visit	30%
Preventive care	No charge	30%
Inpatient hospital	20%	30%
Outpatient hospital services	20%	30%
Ambulance services	20%	20%
Emergency room	\$50 per visit + 20% (\$50 Copayment does not apply if the member is directly admitted to the hospital for inpatient services)	
Drug copayments at a network pharmacy	\$15/\$30/\$30	\$15/\$30/\$30
Optional mail service prescriptions (90 days)	\$30/\$60/\$60	Not covered

Shield Spectrum PPO plan- Needles

	Preferred Providers	Non-Preferred Providers
Annual deductible	\$0 per member \$0 per 2-persons \$0 per family	\$250 per member/ \$500 per 2-persons \$750 per family
Annual out of pocket maximum	\$1,500 per member \$3,000 per family	2, 000 per member \$4,000 per family
Office visits	\$10 per visit	30%
Preventive care	No charge	30%
Inpatient hospital	No charge	30%
Outpatient hospital services	No charge	No charge
Ambulance services	No charge	No charge
Emergency room	\$50 per visit (\$50 Copayment does not apply if the member is directly admitted to the hospital for inpatient services)	
Drug copayments at a network pharmacy	\$10/\$15/\$15	\$10/\$15/\$15
Optional mail service prescriptions (90 days)	\$10/\$15/\$15	Not covered

Shield Signature HMO plan

	Level I (HMO)	Level II (PPO)
Annual Deductible	None	
Annual out of pocket maximum	\$1,500 per member/ \$3,000 per family	\$0 per member/ \$0 per family
Office visits	\$10 per visit	\$30 per visit
Preventive care	No charge	\$30 per visit
Inpatient hospital	No charge	Covered under Level 1
Outpatient hospital services	No charge	Covered under Level 1
Ambulance services	No charge	No charge
Emergency room	\$50 per visit (Copayment does not apply if the member is directly admitted to the hospital for inpatient services)	
Drug copayments at network pharmacy	\$5/\$10/\$25	Covered under Level 1
Optional mail service prescriptions (90 days)	\$10/\$20/\$50	Covered under Level 1

24/7 Support



Speak with registered nurses anytime, day or night, and get answers to your health-related questions.

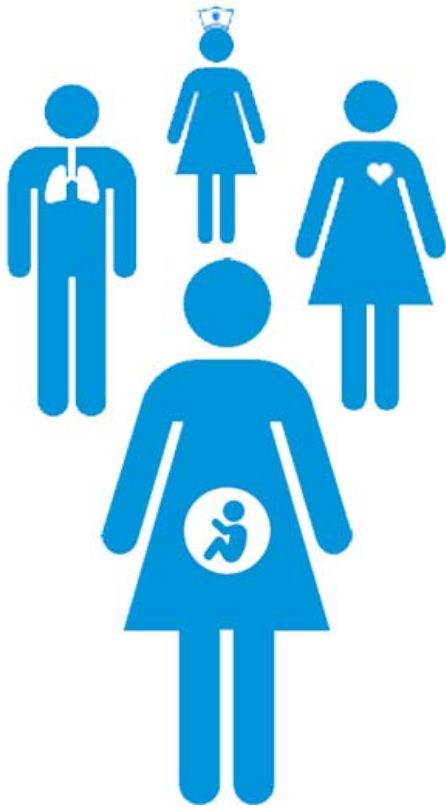
(877) 304-0504



Connect day or night with experienced professionals ready to assist with personal, family and work issues.

(800) 985-2405

Health Improvement Programs



Gives expectant parents 24/7 nurse support as well as prenatal information.

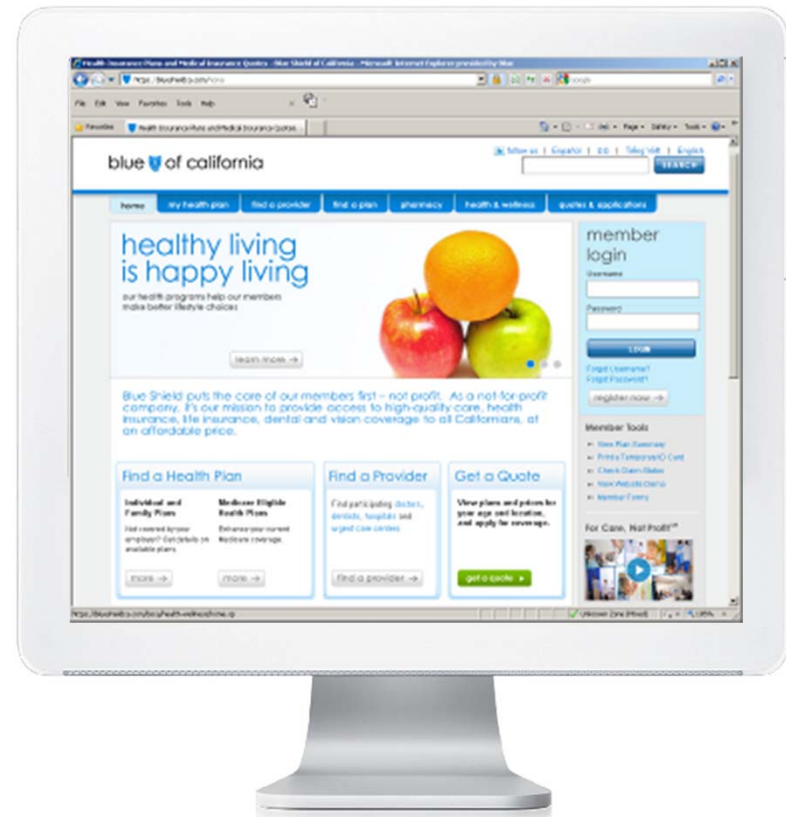
Provides support for members with certain chronic conditions:

- Asthma
- Coronary artery disease
- Chronic obstructive pulmonary disease (COPD)
- Diabetes
- Heart Failure

blueshieldca.com

Access to benefits, programs and

- Secure access to medical and pharmacy benefits, claims, etc.
- Search for network doctors, hospitals and other facilities
- Get information about pharmacy benefits and generic drugs, access the Blue Shield formulary, find network pharmacies
- Learn about Blue Shield programs and services:
 - Prenatal Program
 - Condition management programs





wellvolution SM

How is your well-being?

Wellvolution is an easy, social and fun approach to wellness. Participate on the go, from your computer, smartphone, or tablet, and invite your family and friends to join the fun and support your health goals. Start your journey to improved well-being.

Ready, set, go!

Already a member? [Sign in](#)

Assess your well-being

Your journey starts with a survey that scientifically measures your well-being. You'll get a Well-Being Score, which shows where you are in your journey – and all the places you could go.

Do one small action each day

You'll be automatically signed up for **Daily Challenge**, where you'll receive one small daily action via email or SMS. It's easy, fun, and keeps you focused on your well-being.

Track your progress

Taking a lifelong trip means looking back along the way. Our Well-Being Tracker and other well-being products and services show you where you are on your journey.

Wellvolution is a service mark of [Blue Shield of California](#)

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We're here to help



Blue Shield Member Services

7 a.m. to 7 p.m., Monday through Friday.

(800) 642-6155



County of San Bernardino